

ABC TESTIMONY

Seeing and Sharing God's Love in Your Story

All About Jesus · Brief · Current

S1

Session One — The Launch

One hour · Training Guide Sections 1, 2, and 3

Time	What is happening · Training Guide section
0:00 – 0:10	Section 1 — Start Here · Heart of It, ABC, four purposes
0:10 – 0:20	Section 2 — How Testimony Is Born · God moves first, pathways, five elements
0:20 – 0:35	Section 3 — Using the Template · Solo build
0:35 – 0:50	Pair Practice · Share and receive
0:50 – 0:57	Full Room · Two or three share
0:57 – 1:00	The Expectation · Name the weekly practice

Section 1 — Start Here

ABC Testimony begins with love — not technique.

ABC Testimony is an intentional act of love to those you share it with.

**When we love someone
and they love us...**

We talk about them.
We cannot help it.

**The person who is
full of God...**

Cannot keep it to themselves.
Not as duty. As love.

ABC Testimony is...

The shape that
overflow takes.

What Is ABC Testimony?

A

All About Jesus

Anchored to a specific name or character of God.
God is _____. He _____.
The story exists to prove who He is.

B

Brief

30 seconds to 2 minutes.
Lean toward 30 seconds.
Brevity is a gift to the listener.

C

Current

Where is God moving right now?
Not three years ago.
This week. This season.

What ABC Testimony Is For

ABC Testimony serves four things at once. It is not primarily any one of them — it is all of them simultaneously.

Know Him Better

Every testimony requires you to name who God was in a specific moment. You cannot do that without knowing Him. Every time you name Him accurately, you know Him more specifically than you did before.

Proclaim His Name

A testimony anchored to God's character is a proclamation. It declares who He is to everyone in earshot — believer or not. It is testimony as praise and praise as testimony.

Build a Personal Library

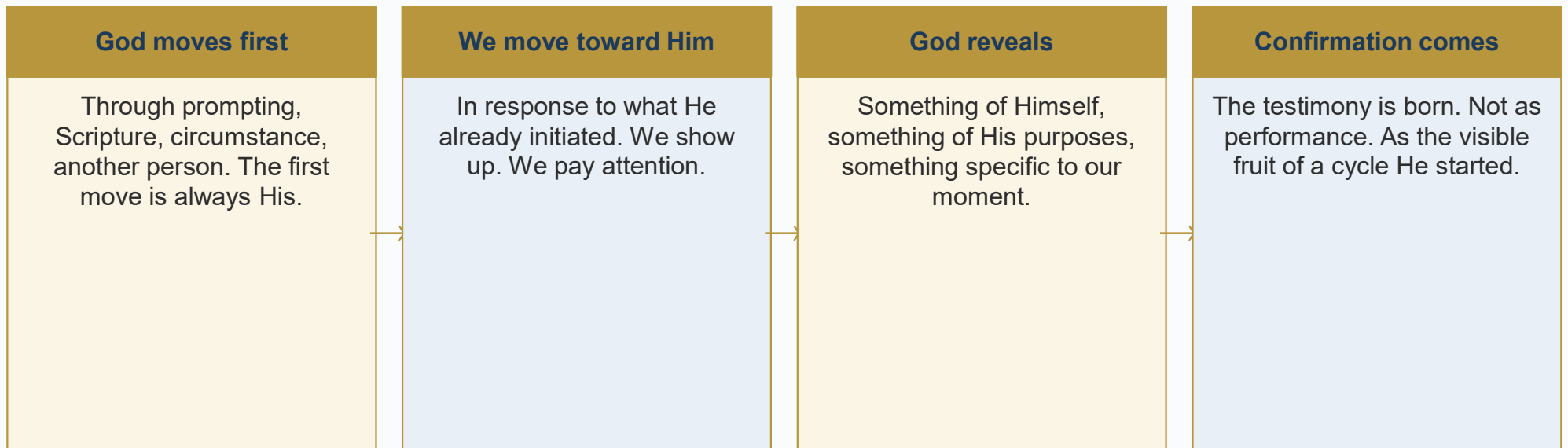
Each testimony is a record: God is. God did. Your library becomes fuel for future seasons of need — and a living gift to others facing the same valley.

Strengthen the Community

Shared testimony builds the faith of everyone who hears it. The person in the room who has the same need hears your story and something shifts.

God Moves First

**Testimony is not something you generate.
It is something you receive, recognize, and report.**



The Prayer Principle

Consistent, specific prayer does two things simultaneously:

1. It brings specific needs to God — when He answers, the testimony is almost pre-built.
2. It trains your eyes. The person praying for something specific notices movements they would have overlooked.

Specific prayer →

Recognizable answer

Named answer →

Ready testimony

Shared testimony →

Faith for next prayer

The person who prays consistently and specifically will always have something to share.

The Four Pathways

God moves in more ways than one. Testimony recognizes all of them.

Direct Answered Prayer

Forward — I asked, He answered, He is this.

The need was named in prayer before God moved. The most linear form. Testimony moves forward in natural order.

Noticing and Tracing Back

Backward — something happened, trace back.

The most common form. Something shifted in ordinary life. You notice it and trace backward to the need it answered.

Witness Testimony

Outward — I saw God move for someone else.

You were present. The need was theirs. Your testimony is a witness statement with no self-interest in it.

Revelation

Inward — I moved forward in faith and God showed me.

God moved in what He revealed. You stepped out and in the moving He showed you something that changed you.

Element 1 — Setting

1

Setting

Where were you? What was the context?

One or two sentences that orient the listener. Enough context that they know what kind of moment this was. Does not need to be dramatic — needs to be specific.

Example

“This past week I was dealing with a situation at work that had been going on for months and I could not see a way through it.”

Element 2 — The Need

2

The Need

What was the need God addressed?

The most important element most people skip. The need names the tension honestly. Without it the move has no weight. Use THANKS to locate it if not obvious: Time, Identity, Assets, Network, Knowledge, Service.

Example

“I had been carrying a belief that I was too far behind to ever catch up — that God had moved on from me.”

Element 3 — The Move

3

The Move

What did God do? Be specific.

The hinge of the story. Something shifted. The temptation is vagueness — God showed up, God was good. Resist it. What exactly did He do? Through what? When? Specific testimony builds faith. Vague testimony does not.

Example

“On Thursday a passage I had read a hundred times broke through differently. God showed me something specific about how He sees me.”

Element 4 — The Proof

4

The Proof

What changed? What is the evidence?

Where did things land? What is different now than before God moved? Not necessarily fully resolved — but moved. For a revelation testimony: the interior change is the evidence.

Example

“The belief I had been carrying is gone. I do not feel behind anymore. I feel found.”

Element 5 — The Name

5

The Name

Who did this reveal God to be?

This is the ABC. The moral of the story. Not what happened to you — who He proved Himself to be in it. State it clearly in plain language any listener can receive. Do not leave it unstated. This is what the listener carries away.

Example

“He is the kind of God who comes looking for you before you knew you were lost.”

How the Elements Scale

The Name — the ABC — is always present. Everything else scales.

30 sec ≈ 60 words

The Need + The Move + The Name

The irreducible minimum. The tension, what God did, who that proves He is.

1 min ≈ 120 words

Add Setting + brief Proof

Full arc. Context, tension, move, evidence, declaration.

2 min ≈ 240 words

All five elements with texture

Richer setting, more honest need, fuller proof. The Name stays the same.

Section 3 — Solo Build · 15 Minutes

Use the template. Work privately. You have 15 minutes.

1. Notice	Something happened this week. Something changed. Name what you noticed before you analyse it.
2. Name the Need	What was the situation before God moved? Use THANKS to locate it if not obvious.
3. Name the Move	What exactly did God do? Resist vagueness. Be specific.
4. Name the Proof	What changed? What is the evidence?
5. Name the Name	Who did this reveal God to be? He is the kind of God who ____.

Pair Practice · 15 Minutes

Share your testimony in 30 seconds or less.
Your partner's only job: listen, then say back —
“What I heard about God is that He is ____.”
Not critique. Not coach. Just receive and name.

The Teller

Share your 30-second testimony. All five elements if possible. The Name stated clearly at the end.

The Listener

Receive it fully. Then say: “What I heard about God is that He is ____.”
One sentence. That is all.

Then Switch

The other person shares. Same process. About six minutes each way.

Full Room · 0:50 – 0:57

Two or three people share with the whole group.
After each one, the facilitator names what they heard about God's character.

Say this after each testimony:

“What I heard in that testimony is that God is _____. He is the kind of God who _____. That is the Name. That is what you are all learning to say.”

Let the room be quiet for a moment after each testimony. The silence gives it room to land.

The Expectation · 0:57 – 1:00

Every week from now, come with one.

Not dramatic. Not polished. Current, specific, and pointed at who God is.
30 seconds. Use the template until you do not need it anymore.

In two to three weeks we come back together for Session 2 and bring what we have been seeing.

Use the template

Section 3 of the Training Guide is your weekly tool.

Build it privately

15 quiet minutes before you share it with anyone.

Bring it back

Session 2 opens with everyone who has one sharing it.

What you are building is a room full of witnesses.

Week after week, testimony after testimony, your class accumulates specific, personal knowledge of who God is and what He does. When someone is in a valley, someone else in the room has already seen God move in that exact territory.

God is. · God did. · He will.